

MASTER/COUPLE TREATMENT FOR RELAXING THE CHONG

- The south pole - the smooth, unmarked side - of the magnet always faces the skin. (*"Smooth-side skin"*)
- All treatments are bilateral i.e. both sides of the body.
- Cords are applied to master and couple points on the same side of the body. They are never crossed from side to side.
- Treatments should last between 20 to 45 minutes.
- Magnets are taped on the body.

To relax Chong:

1. Place magnets on Sp 4 on left and right foot. (*Master points*) Press magnets 7 times.
2. Place magnets on P 6* on left and right arm. (*Couple points*) Do not press magnets.
3. Place black leads of the ion pumping cords on Sp 4 on left and right foot.
4. Place red leads of the ion pumping cords on P 6* on left and right arm. (*Do not cross cords*)

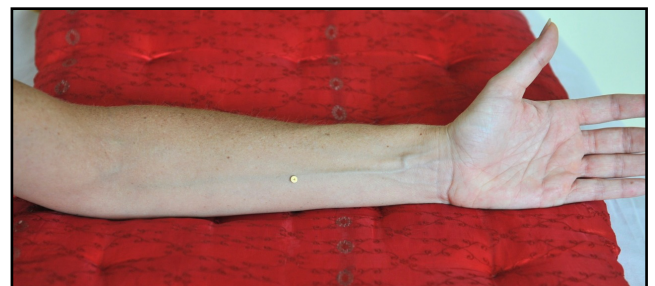


How to locate Sp 4 and P 6*



Sp 4

In a depression one body inch (one thumb width) behind the base joint of the big toe, where the red and the white skin meet.



P 6*

*(This is an alternative location for this point): In a deep indentation midway between the crease in the elbow and the crease in the wrist, on the midline of the inner aspect of the forearm, between the two tendons.