

MASTER/COUPLE TREATMENT FOR RELAXING THE DU

- The south pole - the smooth, unmarked side - of the magnet always faces the skin. (*"Smooth-side skin"*)
- All treatments are bilateral i.e. both sides of the body.
- Cords are applied to master and couple points on the same side of the body. They are never crossed from side to side.
- Treatments should last between 20 to 45 minutes.
- Magnets are taped on the body.

To relax Du:

1. Place magnets on SI 3 on left and right hand. (*Master points*) Press magnets 7 times.
2. Place magnets on UB 62 on left and right foot. (*Couple points*) Do not press magnets.
3. Place black leads of the ion pumping cords on SI 3 on left and right hand.
4. Place red leads of the ion pumping cords on UB 62 on left and right foot. (*Do not cross cords*)



How to locate SI 3 and UB 62



SI 3

When making a fist, this point is located on the outer edge of the hand, in a depression behind the knuckle of the little finger, at the juncture of the red and the white skin.



UB 62

In a depression directly below the outer ankle bone (external malleolus).